BREAKFAST

adeira

Breakfast classics

Fresh-made pancakes with maple syrup or honey

Eggs & omelets eggs

- Fried (over-easy, sunnyside up, over-hard), poached, boiled (soft or hard)
- Egg whites

Omelets

With choice of bacon, ham, smoked salmon, chili peppers, onions, mushrooms, cheese, tomato. fresh herbs

Fish

Sm oked salm on, graved salm on

Sides

- Selection of fresh cheeses
- Selection of delisliced meats
- Am erican bacon
- Turkey sausage/Nuernberger Sausage
- Sautéed potatoes with onions
- Baked beans
- Grilled mushroom/vegetables
- Grilled tomato

Yogurt | Plain or fruit

Dried fruit | Apricots, banana, coconut, cranberries, dates, berries, raisins

Nuts | Alm onds, sesame seeds, cashews, chia seeds, macadamia, pecan, pine nuts, pistachio, pumpkin seeds, seeds, walnuts

Cereal

Cold | All Bran ®, Bircher Muesli®, Choco Pops®, granola, Hot | Congee

Daily specials | Scram bled egg special, smoothie, cake,

Fresh from the bakery | Baguette, beet root bread, black butter/chocolate/whole wheat croissant, plain/raisin/chocolate, fruit or sweet danish, pum kin rolls. Homem ade peanut-butter energy bites, pain au choco, plain fitness dough bread, white or whole wheat toast, wachauer bread

Plant-based | Watch out for our plant-based Selection

BEVERAGES

Milk

Alm ond milk, hazelnut milk, soy milk, whole milk Juice

Grapefruit, cranberry, apple, pineapple, tom ato Freshly squeezed orange or carrot juice Coffee

Regular coffee, decaf, cappuccino, latte, espresso Te a

Ku sm i tea selection

(G) Gluten-Free, (V) Vegan, (L) Lactose-Free, (N) No Sugar Added

