

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> 6:00-6:15 AM | <input type="checkbox"/> 8:00-8:15 AM |
| <input type="checkbox"/> 6:15-6:30 AM | <input type="checkbox"/> 8:15-8:30 AM |
| <input type="checkbox"/> 6:30-6:45 AM | <input type="checkbox"/> 8:30-8:45 AM |
| <input type="checkbox"/> 6:45-7:00 AM | <input type="checkbox"/> 8:45-9:00 AM |
| <input type="checkbox"/> 7:00-7:15 AM | <input type="checkbox"/> 9:00-9:15 AM |
| <input type="checkbox"/> 7:15-7:30 AM | <input type="checkbox"/> 9:15-9:30 AM |
| <input type="checkbox"/> 7:30-7:45 AM | <input type="checkbox"/> 9:30-9:45 AM |
| <input type="checkbox"/> 7:45-8:00 AM | <input type="checkbox"/> 9:45-10:00 AM |

Other preferred time: _____

Please indicate quantity in the blanks below.

JUICE

- | | | |
|-------------------------|-----------|----------------|
| ___ Orange | ___ Apple | ___ Grapefruit |
| ___ Prune | ___ V8 | ___ Cranberry |
| ___ Smoothie of the day | | |

MILK BY THE GLASS

- ___ Whole ___ Skim ___ Soy ___ Almond

FRESH FRUIT

- | | | |
|---------------------|---------------------|------------|
| ___ Half grapefruit | ___ Melon in season | ___ Orange |
| ___ Pineapple | ___ Banana | |

YOGURT

- ___ Plain ___ Fruit ___ Low-fat ___ Greek

HOT & COLD CEREAL

- | | |
|---------------------|---------------------------|
| ___ Corn flakes | ___ Old-fashioned oatmeal |
| ___ Homemade muesli | ___ Cream of wheat |
| | ___ Granola |

Served with:

- ___ Whole ___ Skim ___ Soy ___ Almond

PASTRY

- | | | |
|----------------------|----------------------|----------------------|
| ___ Croissant | ___ Brioche | ___ Blueberry muffin |
| ___ Pain au chocolat | ___ Chocolate muffin | |
| ___ All bran muffin | | |

BREAD T=Toasted (please circle)

Gluten-free bread available upon request.

- | | | |
|----------------------|-----------------------|-------------------|
| ___ White T | ___ Whole wheat T | ___ Plain bagel T |
| ___ English muffin T | ___ Sliced baguette T | |

COLD SELECTION

- | |
|--|
| ___ Smoked Norwegian salmon [†] cream cheese, red onion, capers |
| ___ Country Style Breakfast Platter assorted cold cuts & cheeses |

EGG SELECTION (2/serving)

- | | | |
|--------------------|---------------------------|-----------|
| ___ Boiled | ___ Scrambled | ___ Fried |
| ___ Plain omelette | ___ Ham & cheese omelette | |

Cooking instructions:

- ___ Sunny side up[†] ___ Easy[†] ___ Medium[†] ___ Well/hard

SIDE ORDERS

- | | |
|----------------------------|-------------------------|
| ___ Pancakes | ___ Hash brown potatoes |
| ___ Applewood smoked bacon | ___ Corned beef hash |
| ___ English banger sausage | ___ Grilled tomatoes |

HOT BEVERAGES

- | | |
|-------------------------|--------------------------|
| ___ Fresh brewed coffee | ___ Decaffeinated coffee |
| ___ Hot chocolate | ___ Black tea |
| ___ Darjeeling tea | ___ Decaf black tea |
| ___ Orange black tea | ___ Mango white tea |
| ___ Herbal mint tea | ___ Chamomile herbal tea |

Served with:

- ___ Whole milk ___ Skim milk ___ Lemon

Butter, jam and honey are part of our standard offerings.

Stateroom No. _____ No. of Guests _____

Guest Name _____